

$$m = 8 \text{ kg}$$

$$h_i = 12 \text{ m}$$

a) Solve for KE

$$PE_g + PE_s + KE = PE_g + PE_s + KE$$

$$mgh \times x = x \times KE$$

$$8 \cdot 9.81 \cdot 12 = KE$$

$$\boxed{941.76 = KE}$$

b) Solve for V\_f

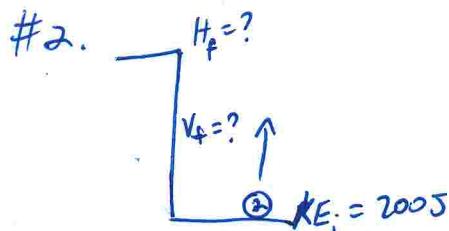
$$mgh = \frac{1}{2} m \cdot V_f^2$$

$$8 \cdot 9.81 \cdot 12 = \frac{1}{2} 8 \cdot V_f^2$$

$$941.76 = 4 \cdot V_f^2$$

$$235.44 = V_f^2 \text{ sq.root.}$$

$$\boxed{15.34 \text{ m/s}}$$



a) solve for h\_f

$$PE_g + PE_s + KE = PE_g + PE_s + KE$$

$$X \times KE = mgh \times X$$

$$200 \text{ J} = 2 \cdot 9.81 \cdot h$$

$$\frac{200}{19.62} = \frac{19.62}{19.62} \cdot h$$

$$\boxed{10.19 \text{ m} = h} \approx \boxed{10 \text{ m}}$$

b)  $PE_g + PE_s + KE = PE_g + PE_s + KE$

$$X \times 200 \text{ J} = mgh + \frac{1}{2} m \cdot V_f^2$$

$$200 \text{ J} = (2 \cdot 9.81 \cdot 5) + (\frac{1}{2} \cdot 8 \cdot V_f^2)$$

$$200 \text{ J} = 98.1 + V_f^2$$

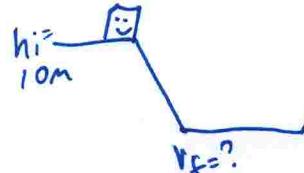
$$\sqrt{200 - 98.1} = V_f^2$$

$$\sqrt{101.9} = \sqrt{V_f^2}$$

$$\boxed{V_f = 10.09 \text{ m/s}}$$

Conservation of Energy w/s  
Solution.

3.  $v_i = 6 \text{ m/s}$



(a)  $PE_g + PE_s + KE = PE_{g_f} + PE_{s_f} + KE$

 $mgh + \cancel{x} + \frac{1}{2}mv^2 = \cancel{x} + \frac{1}{2}mv_f^2$ 

\* mass is constant, you can omit

 $gh + \frac{1}{2}(v)^2 = \frac{1}{2}(v_f)^2$ 
 $(9.81 \cdot 10) + \frac{1}{2}(6)^2 = \frac{1}{2}(v_f)^2$ 
 $98.1 + 18 = \frac{1}{2}(v_f)^2$ 
 $116.1 = \frac{1}{2}(v_f)^2$

$\sqrt{116.1} = \frac{1}{2}v_f$

$\frac{2 \cdot 116.1}{\sqrt{32.2}} = v_f^2$

$[v_f = 15.2 \text{ m/s}]$

$PE + PE_s + KE = PE_{g_f} + PE_{s_f} + KE$

$\cancel{x} + \cancel{x} + \frac{1}{2}mv^2 = \cancel{mgh} + \cancel{x}$

$\frac{1}{2}(v)^2 = gh$

$\frac{1}{2}(15.24)^2 = 9.81 \cdot h$

$\frac{116.13}{9.81} = \frac{9.81 \cdot h}{9.81}$

$[h = 11.84 \text{ m}]$

#4



$k = 300 \text{ N/m}$

$\Delta x = 0.3 \text{ m}$

$v_f = ?$

$m = 0.3 \text{ kg}$

$PE_g + PE_s + KE = PE_{g_f} + PE_{s_f} + KE$

$\cancel{x} + \frac{1}{2}k \cdot \Delta x^2 \cancel{x} = \cancel{x} + \cancel{x} + \frac{1}{2}mv^2$

$(\frac{1}{2}300) \cdot (0.3)^2 = (\frac{1}{2}0.3) \cdot v_f^2$

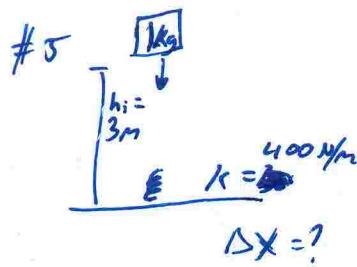
$(150) \cdot (0.09) = 0.15 \cdot v_f^2$

$13.5 = 0.15 \cdot v_f^2$

$\frac{13.5}{0.15} = \frac{0.15}{0.15}$

$\sqrt{90} = \sqrt{v_f^2}$

$[9.49 = v_f]$



a)

$$PE_g + PE_s + KE = PE_g + PE_s + KE$$

$$mgh = (\frac{1}{2}k) \cdot (\Delta x^2)$$

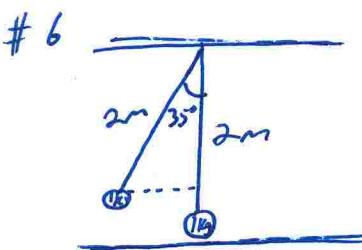
$$1 \cdot 9.81 \cdot 3 = (\frac{1}{2} \cdot 400) \cdot (\Delta x^2)$$

$$\frac{29.43}{200} = \frac{200 \cdot (\Delta x)^2}{200}$$

$$\sqrt{0.147} = \sqrt{\Delta x^2}$$

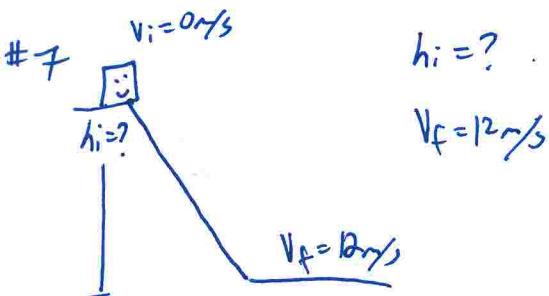
$$[0.38 \text{ m} = \Delta x]$$

b) ...



Look at your notes

hint: soh cah toa



$$PE_g + PE_s + KE = PE_g + PE_s + KE$$

$$mgh = \frac{1}{2}m \cdot v_f^2$$

#8

$m = 0.1 \text{ kg}$

$h_f = 20 \text{ m}$

$\Delta x = 0.15 \text{ m}$

a) solve for  $v_i$ :

$$PE_g + PE_s + KE = PE_g + PE_s + KE$$

$$\frac{1}{2}m \cdot v^2 = mgh$$

b) solve for  $k$

more than one way to solve.